

May 2012

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|--|--|-----------------------------|--|
| | | 1 Roasted Chicken | 2 Broiled Salmon | 3 Chili Baked Potatoes | 4 PIZZA | 5 Tequila Shrimp |
| 6 Split Pea Soup | 7 Broccoli, Asparagus & Quinoa Frittata | 8 Chicken Tequila Fettuccine | 9 Maple Pecan Salmon | 10 Kidney Bean Chili with Pumpkin | 11 PIZZA | 12 Mexican Shrimp Salad |
| 13 Meatloaf Muffins | 14 Mom's Fried Rice | 15 Chinese Chicken Cabbage Salad | 16 Tamari Ginger Marinated Broiled Mackerel | 17 Texas Caviar and Brown Rice | 18 PIZZA | 19 Clam Sauce over Linguini |
| 20 Grilled Burgers | 21 Vegetarian Tamale Pie | 22 Pasta with Turkey Kielbasa & Swiss Chard | 23 Salmon Salad Sandwiches | 24 6-Bean Mexican Soup | 25 PIZZA | 26 Parmesan Coated Fish Fillets |
| 27 Spaghetti with Quick Marinara | 28 Grilled Burgers | 29 Chinese Chicken Cabbage Salad | 30 Broiled Salmon | 31 Mom's Fried Rice | | |